



## PRIVILEGES

### One Year Subscription (3 issues) to HealthKeepers™ Magazine

HealthKeepers™ Magazine is created to educate, encourage, inspire and protect the rights of those individuals who choose healthy lifestyles and/or provide alternative and natural health care services. Through quality editorial, product information, legislative updates, and premium advertisers, HealthKeepers™ Magazine delivers useful information so the reader can make informed choices.

### Membership Certificate

The AANC membership certificate will look beautiful on your wall proclaiming your dedication to professionalism in the field of nutrition.

### Membership Card

You will be proud to carry your own laminated, personalized membership card in your wallet or purse.

### Car and Office Window Decal

This 3 inch diameter, vinyl, official AANC membership decal will look great on your automobile, office window or briefcase.

### Valuable Discounts

You will receive valuable discounts on DVDs, books, seminars, car rentals and trade shows including 50% off admission rates to the Health Freedom Expo ([www.healthfreedomexpo.com](http://www.healthfreedomexpo.com)).

### Legislative Alerts

You will be notified about any new legislative press releases related to the natural health field as they are made available.

# The American Association of Nutritional Consultants

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## NUTRITIONAL AND DIETARY CONSULTANTS

If Nutritional and Dietary Consultants are ever to achieve the professional recognition they so justly deserve, they must consolidate their numbers through a strong, professional, organized association.

The American Association of Nutritional Consultants is your professional association combating public ignorance and adverse legislation. The AANC is working tirelessly to enhance the prestige and professional status of all its members.

## WE INVITE YOU TO JOIN

When you display the prestigious AANC Membership Certificate on your wall, you make clients, patients, and professional colleagues aware of your commitment to the high standards of professional competence in nutritional counseling, demonstrating your dedication to the cause of good health through nutrition.

As well as the prestige of belonging to a nationally recognized organization, there are many direct, personal and financial benefits to be enjoyed as a member of the AANC.

## THE AANC HAS THREE TYPES OF MEMBERSHIP

Association Membership .....	\$70.00 annually
Professional Membership .....	\$70.00 annually
Diplomate Membership .....	\$70.00 annually

*International Members: Please include an additional \$10.00 annually.*

### ASSOCIATION MEMBERSHIP

An Association Membership with the AANC is open to any and all individuals who wish to receive the prestigious designation of Certified Nutritional Consultant® (C.N.C.) through completion of the C.N.C. examination provided by the AANC. Each Association Member of the AANC will automatically receive a one year subscription (3 issues) to *HealthKeepers™ Magazine*. Association Membership contributions are tax deductible.

### PROFESSIONAL MEMBERSHIP

The AANC Professional Membership is designed for the individual who is currently a practicing nutritional and dietary professional and who wish to receive the prestigious designation of Certified Nutritional Consultant® (C.N.C.) through completion of the C.N.C. examination provided by the AANC. Each Professional Member of the AANC will automatically receive a one year subscription (3 issues) to *HealthKeepers™ Magazine*. Professional Membership contributions are tax deductible.

### DIPLOMATE MEMBERSHIP

The AANC Diplomate Membership is designed for the individual who has already been awarded the C.N.C.® designation, is currently practicing as a nutritional and dietary professional, and who regularly participates in various forms of continuing education pertaining to his/her profession. Such continuing education may be in the form of seminars, classes, and workshops recognized by the AANC.

# CERTIFICATION PROGRAM

## Certified Nutritional Consultant (CNC®)

### INTRODUCTION

The Certification Program for nutritional consultants is maintained as a service to Professional Members of the AANC. Successful candidates are authorized to carry the initials C.N.C.® after their names and are issued a special *second* certificate (in addition to their Membership Certificate) attesting to the fact they have met all of the certification requirements as determined by the Commission on Certification of the AANC.

NOTICE: *The title Certified Nutritional Consultant and the initials C.N.C.® are registered trademarks owned exclusively by the AANC, Inc., and may not be used or issued by any person or company without specific authorization from AANC National Headquarters.*

### PURPOSE

The purpose of certification is to protect the health, safety, and welfare of the public by encouraging high standards and professional competence of persons practicing in the profession of nutritional counseling. It provides a trademark designation (C.N.C.®), which serves to inform the practitioner's clients and potential clients that the practitioner has met professional requirements in addition to, and beyond, normal academic studies and/or professional experience.

### ADMINISTRATION

The Certification Program, including establishment of standards and eligibility requirements, is administered by the Commission on Certification of the AANC. The Certification Program and services of the Commission on Certification are supported entirely by examination fees and annual membership dues.

### EXAMINATIONS

Candidates are required to complete a series of tests which will demonstrate proficiency in the areas of General and Applied Nutrition and in Practice Management.

### EXAMINATION FEES

Payment of a one-time examination fee of \$400.00 is required at the time of application. There are no annual maintenance fees. Expenses of administering the examinations, maintaining permanent records, grading papers, and preparation of the certification certificates are met entirely from the examination fee and annual membership dues.

### MATERIALS AND SUPPLIES

Candidates should keep in mind that the AANC is not a school. For that reason, and to keep the candidate's fees as low as possible, no textbooks are provided.

However, we realize that in preparation for the tests, the candidate may feel that he or she needs to review one or more of the subjects. Therefore, we include with the examination topics a list of recommended textbooks. The recommended textbooks are those which will assist the candidate in successfully completing these specific portions of the examinations the candidate finds troubling.

### TEXTBOOKS AT DISCOUNT PRICES

Some of the books may be found in libraries, purchased from bookstores and some health food stores, or purchased at Member Discount Prices from Reagan's Bookstore ([www.reagansbookstore.com](http://www.reagansbookstore.com)).

Test Name	Textbook Title	Author	Price*
Anatomy & Physiology	Atlas of the Human Body	Takeo Takahashi	\$24.29
Nutrition & Common Ailments	Prescription for Nutritional Healing (4th Edition)	James & Phyllis Balch	\$27.00
Nutrition in Action	The New Nutrition	Michael Colgan	\$13.45
Orthomolecular Nutrition	Putting It All Together	Hoffer and Walker	\$16.15
Children's Health	Herbal Healing for Children	Demetria Clark	\$13.50
Medical Chemistry	Guide to Body Chemistry and Nutrition	Bernard Jensen	\$14.35
Diet & Nutrition	Diet & Nutrition	Rudolph Ballentine	\$17.95
Enzyme Health	Enzymes: The Key to Health	Howard Loomis	\$22.45
Living Chemistry	Your Health, Your Choice	Ted Morter	\$13.45
Applied Nutrition	Nourishing Traditions (Revised 2nd Edition)	Sally Fallon	\$24.30
Amino Acids	Heal with Amino Acids	Sahley and Birkner	\$11.65

\*Prices reflect 10% Member Discount. Shipping is not included.